



NARENWICH

National At-Risk Education Network
Wisconsin Chapter



Vol. 3 Issue 3

NEWSLETTER

November 2009

We hope this newsletter finds you and your students safe and happy. In lieu of my own words, following is an excerpt from the book Transforming School Culture, by Dr. Anthony Muhammad, this year's conference keynote:

"All students deserve a quality education despite their level of interest and parental involvement - this is an imperative in the 21st century and beyond. When human beings are at their best, they are thoughtful, ethical, productive and humane, and a quality education can produce all of these attributes. My greatest hope is that educators grasp this concept and universally dedicate themselves to creating schools that provide adequate guidance and support for all kids, and that they aspire to become the transformational institutions that make the community a better place to live in and our world a better place." pg 120.

In anticipation of the conference keynote, I encourage you to read Dr. Muhammad's book and read it prior to our time with him on March 4th. The book can be purchased at your favorite book store or on-line book retailer.



CONFERENCE NEWS

Our Conference Chair, Kim Hoffmann, and the entire board are working diligently to prepare a valuable annual conference for you all!

Some noteworthy tidbits:

- The Conference Brochure is now available on our website to download. www.narenwich.org
- Dr. Anthony Muhammad is our keynote speaker, author of Transforming School Culture
- Sectionals include topics such as mental health, brain based learning, GLTB, Love & Logic, ATODA
- Brain Rules, a bestselling book by John Medina, will lead us through a fun networking activity on Friday
- Beth Lewis, as always will provide us with state and national insights.

BOARD ELECTION NEWS

During our 2010 Annual Membership Meeting held on Thursday March 4th of the conference, membership will be voting on open board seats. The following seats are open:

Region #3

(CESA #7 & #8) Conference Committee

Region #5

(CESA #5 & #6) Political Action Committee

Region #6

(CESA #1 & #2) Political Action Committee

If you are interested in running, or nominating someone for the positions, please contact Sally Schultz, sschultz@madison.k12.wi.us



BRAIN RULES BY JOHN MEDINA

Rule #1 Exercise boosts brain power.

- Our brains were built for walking – 12 miles a day!
- To improve your thinking skills, move.

- Exercise gets blood to your brain, bringing it glucose for energy and oxygen to soak up the toxic electrons that are left over. It also stimulates the protein that keeps neurons connecting.
- Aerobic exercise just twice a week halves your risk of general dementia. It cuts your risk of Alzheimer's by 60 percent.
- *More at www.bainrules.net*

Note from Tony at NAREN

It has come to our attention that some of our members are NOT receiving material sent from the national office. This includes *Silhouettes* E-Journal, which is one of your benefits for paying your dues. It comes out four times a year. It has been published and emailed to you at least twice since the NARENWICH State Conference. *Silhouettes' compilation* of articles from your colleagues (and YOU are invited to submit articles as well, of course!) and regular announcements from NAREN should be apparent. If none of these are showing up in your email, it means your school's server is blocking it. To unblock email from NAREN you will need to approach your IT professional and tell him/her to "accept emails from info@NAREN.info".

SEE YOU IN MARCH

www.narenwich.org